



QUESTIONS QUESTIONS & ANSWERS ANSWERS

ANGIOPLASTY HOME GOING INSTRUCTIONS

Your doctor may tell you to avoid certain activities for some time after you go home. Be sure to follow these directions. Also, be sure to get the follow-up care your doctor says you need. .

If you have questions or problems call your doctor right away.

Care of the Site

- Keep the dressing or bandage on for today. Take it off the next morning.
- Do not shower until the next day.
- Watch the site where the catheter was put in. Call your doctor if you see any ---**swelling**
-bleeding
-drainage
-reddness
- You may feel sore in the area for one week.
- You may have a bruise (black and blue mark) at the site for one week. This is normal.
- If you have chest pain, call your doctor right away.

Activity

For the next 2 days, do not:

- Lift anything over 5 pounds.
- Climb stairs.
- Bend at the waist
- Drive by yourself for

- No hard activity or exercise for 1 week.
- Check with your doctor to find when you can go back to work.
- Talk to your doctor to find when you may have sexual activity.

Follow Up

Remember to call your doctor for your follow up appointment.

Doctor: _____ Phone: _____

After the treatment it is important for your health to

- Eat a healthy diet.
- Exercise on a regular basis.
- Follow your doctor's orders when taking medication

Finding a Doctor

St. Vincent Charity Hospital has doctors who have special training in cardiac catheterization and coronary angiography. To contact one of our doctors call the

Physician Referral Line

1-800-223-8662

Visit our website at www.stvincentcharity.com

Our doctors serve with a deep respect for all. Their goal is to give the best care and education whether or not a person can pay.

St. Vincent Charity Hospital

2351 E. 22nd Street
Cleveland, Ohio 44115
216-861-6200
TTY:Ohio Relay 1-800-750-0750

**St. Luke's Health
Care Center**

11201 Shaker Boulevard
Cleveland, Ohio 44104
216-721-6900

St. Vincent Charity

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**ST. VINCENT CHARITY
MEDICAL CENTER**

A Ministry of the Sisters of Charity Health System