



Joslin Diabetes Center

Women with Diabetes Support Group

WHEN: SECOND WEDNESDAY OF EVERY MONTH
September 10, 2008
October 8, 2008
November 12, 2008
December 10, 2008
January 14, 2009

TIME: 4:30-5:30 p.m.

WHERE: MEDICAL OFFICE BUILDING
First Floor, Conference Room
Across from St. Vincent Charity Hospital
2322 East 22nd St.
Cleveland, Ohio 44115
(Signs will be posted)

**TOPICS
INCLUDE:** Healthy Eating Problem Solving
Being Active Reducing Risks
Monitoring Healthy Coping
Taking Medication

EACH GROUP IS LED BY A CERTIFIED DIABETES EDUCATOR

Friends and family members with diabetes welcome
Free of Charge – No RSVP Required – Light Snacks Provided
Please Call 216.363.2732 for questions

Come share your thoughts and experiences.



Joslin Diabetes Center

affiliate at St. Vincent Charity Hospital



Joslin Diabetes Center

Men with Diabetes Support Group

WHEN: THIRD WEDNESDAY OF EVERY ODD MONTH
September 17, 2008
November 19, 2008
January 21, 2009
March 18, 2009
May 20, 2009

TIME: 4:30-5:30 p.m.

WHERE: MEDICAL OFFICE BUILDING
First Floor, Conference Room
Across from St. Vincent Charity Hospital
2322 East 22nd St.
Cleveland, Ohio 44115
(Signs will be posted)

**TOPICS
INCLUDE:** Healthy Eating Problem Solving
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Joslin Diabetes Center

Insulin Pump Support Group

WHEN: THIRD WEDNESDAY OF EVERY EVEN MONTH
October 15, 2008
December 17, 2008
February 18, 2009
April 15, 2009
June 17, 2009

TIME: 4:30-5:30 p.m.

WHERE: MEDICAL OFFICE BUILDING
First Floor, Conference Room
Across from St. Vincent Charity Hospital
2322 East 22nd St.
Cleveland, Ohio 44115
(Signs will be posted)

**TOPICS
INCLUDE:** Management tips for best control
Use of advanced features
What's new on the market

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Joslin Diabetes Center

Pump Clinic

Do you have diabetes? Do you take insulin?
Have you ever considered an insulin pump?
Do you wear an insulin pump, but would like help to
better manage your diabetes?

The Joslin Diabetes Center affiliate at
St. Vincent Charity Hospital introduces the Pump Clinic.

We have a team of diabetes educators, dietitians, nurses, physicians and
certified pump trainers, who are here to
help **you** achieve the blood sugar control **you** desire.

COMMON TOPICS:

What is an insulin pump?

Getting started on a pump

Pattern management once on a pump
(basal/bolus adjustment, help with advanced pump features)

Advanced carbohydrate counting

Understanding factors that affect blood sugars

Continuous Glucose Monitoring

Other issues important to **YOU**

To schedule an appointment today, please call 216.363.2732
or e-mail connie.gottfried@csauh.com.



Joslin Diabetes Center

affiliate at St. Vincent Charity Hospital